## **Personal Strengths**

Grade Level	First
Minimum Time Required	30 Minutes
Materials/Resources	<u>Coats of Many Colors</u> by Dolly Parton book, Colors, Paper, Pencil, Crayons
Subject Area(s)	Guidance

## **Project Description:**

- 1. Read the book <u>Coats of Many Colors</u> to the students.
- 2. Talk about the story and what is meant by the terms "proud and strength". Discuss what feeling one has when he/she does something he/she can be proud of.
- 3. Ask students to share their strengths.
- 4. Ask the students to draw and color a picture showing them using their 'strengths' to do something he/she can be proud of. Have them share their pictures with the class.

Career Development Standard	Knowledge of the importance of self concept.	
Career Development Indicator	Demonstrate a positive attitude about self. Identify personal interests, abilities, strengths and weaknesses.	
Delivery Level	Review	
Academic Standards		
Language Arts	<ul><li>4.1.b Present information in a clear and logical form.</li><li>4.3.c Use various resources to support oral presentations, e.g., drawings, posters.</li></ul>	
Employability/SCANS Skills	Personal Qualities Basic Skills Thinking Skills	
Assessment/Rubric	Students will understand the meaning of the word 'strengths' and 'proud'. They will able to relate these words to their own lives.	

**Submitted by:** Elementary Group NCDG